

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 No Practice Happy New Year	2 B/S: 1:00 – 2:00p W&Jr: 1:00 – 2:30p Sr: 1:00 – 2:30p	3 W/Jr/Sr 10:00-11:30a
4	5 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:30p** Sr: 6:15 – 8:30p	6 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:00p Sr: 6:15 – 8:30p	7 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:30p** Sr: 4:45 – 7:30p**	8 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:00p Sr: 4:45 – 7:30p**	9 B: 5:15 – 6:15p S: 5:15 – 6:15p W & Jr: 5:15 – 7:00p Sr: 3:15 – 5:30p???? NSSC Distance	10 NSSC Meet @ GBN 9&10, 11&12 AM 8&U, Senior PM
11 NSSC Meet @ GBN 9&10, 11&12 AM 8&U, Senior PM	12 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:30p** Sr: 6:15 – 8:30p	13 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:00p Sr: 6:15 – 8:30p	14 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:30p** Sr: 4:45 – 7:30p**	15 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:00p Sr: 4:45 – 7:30p**	16 B: 5:15 – 6:15p S: 5:15 – 6:15p W & Jr: 5:15 – 7:00p Sr: 3:15 – 5:30p	17 TBD
18	19 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:30p** Sr: 6:15 – 8:30p	20 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:00p Sr: 6:15 – 8:30p	21 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:30p** Sr: 4:45 – 7:30p**	22 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:00p Sr: 4:45 – 7:30p**	23 B: 5:15 – 6:15p S: 5:15 – 6:15p W & Jr: 5:15 – 7:00p Sr: 3:15 – 5:30p	24 Michigan Shores 11am WU 12noon start @ HPHS Developmental Meet
25	26 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:30p** Sr: 6:15 – 8:30p	27 B: 5:15 – 6:15p S: 5:15 – 6:30p W&Jr: 5:15-7:00p Sr: 6:15 – 8:30p	28 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:30p** Sr: 4:45 – 7:30p**	29 B: 5:15 – 6:15p S: 6:00 – 7:00p W&Jr: 5:15-7:00p Sr: 4:45 – 7:30p**	30 Home HS Meet Jr & White @ HP Rec Center 5:30 – 7:00p	31 TBD

2009